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# St. Francis Adds Physician at Jackson Family Care

AUGUST 11TH 2015 BY DEE LOFLIN

St. Francis Adds Physician at Jackson Family Care

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**Jackson, Missouri** - Saint Francis Medical Center welcomes primary care physician Laura E. Glueck, DO, as a new Medical Partner. She joins fellow primary care physician Kennett D. Asher, DO, CMD, at Jackson Family Care, 545 Broadridge Dr., Jackson.

An Oak Ridge native, Glueck completed her bachelor's degree at University of Missouri-Columbia, and earned her medical degree from A.T. Still University-Kirksville College of Osteopathic Medicine in Kirksville, Mo. She later completed her family medicine internship and residency at University of Arkansas for Medical Sciences Northeast in Jonesboro, Ark. Board certified in family medicine, her clinical interest is caring for people of all ages, from newborns to older adults.

"Dr. Glueck's new insights on primary care will be a welcome addition to the Jackson Family Care practice," says Steven C. Bjelich, FACHE-D, President and Chief Executive Officer of Saint Francis Medical Center. "Patients of all ages in Jackson will greatly benefit from her comprehensive, compassionate approach to care."

For more information on Dr. Glueck or Jackson Family Care, call 573-331-3996.

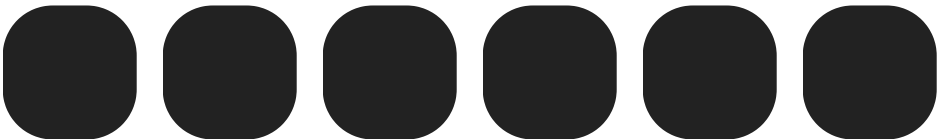
Saint Francis Medical Center is a 289-bed facility serving more than 650,000 people throughout Missouri, Illinois, Kentucky, Tennessee and Arkansas. Guided by its mission to provide a ministry of healing and wellness inspired by its Christian philosophy and values, the Medical Center has become a progressive, innovative regional tertiary care

referral center. Saint Francis’ major service lines, which have received national recognition, include the Neurosciences Institute; Orthopedic Institute; Family BirthPlace, featuring the region’s first Level III Neonatal Intensive Care Unit; Heart Hospital; Emergency and Level III Trauma Center with Convenient Care; Cancer Institute; and Fitness Plus.

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# Route P in Stoddard County Reduced for Pavement Repairs

AUGUST 11TH 2015 BY DEE LOFLIN

Route P in Stoddard County Reduced for Pavement Repairs

**Stoddard County, Missouri** - Route P in Cape Girardeau and Stoddard Counties Reduced for Pavement Repairs

Route P in Cape Girardeau and Stoddard Counties will be reduced to one lane as Missouri Department of Transportation crews perform pavement repairs.

This section of roadway is located from Missouri Route 25 in Cape County and Missouri Route 91 in Stoddard County.

Weather permitting, work will performed Tuesday, Aug. 11 and Wednesday, Aug. 12 from 7:30 a.m. to 4 p.m. daily.

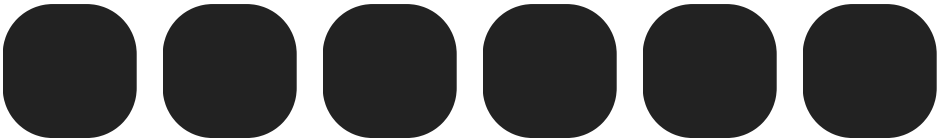
The work zone will be marked with signs. Motorists are urged to use extreme caution while traveling near the area.

For additional information, contact MoDOT's Customer Service Center toll-free at 1-888-ASK-MODOT (1-888-275-6636) or visit [www.modot.org/southeast](http://www.modot.org/southeast).

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## Neurosurgeon Joins Cape Spine & Neurosurgery

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## Neurosurgeon Joins Cape Spine & Neurosurgery

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**Cape Girardeau, Missouri** - Saint Francis Medical Center welcomes neurosurgeon Kaywan (Kev) Gamadia, DO, as a new Saint Francis Medical Partner. He joins fellow neurosurgeon Brandon J. Scott, DO, at the Cape Spine & Neurosurgery practice.

Gamadia earned his medical degree from Kirksville College of Osteopathic Medicine in Kirksville, Mo., and later completed his neurosurgical residency at Ohio University in Dayton, Ohio. He has extensive neurosurgical training, and his clinical interests include the treatment of spine abnormalities and brain tumors, using minimally invasive surgical techniques, traditional procedures and disc replacement.

“Another knowledgeable neurosurgeon at Cape Spine & Neurosurgery will greatly benefit patients in the region,” says Steven C. Bjelich, FACHE-D, President and Chief Executive Officer of Saint Francis Medical Center. “We welcome Dr. Gamadia’s talents and his ability to help patients find relief from chronic pain, so they can get back to their active lives more quickly.”

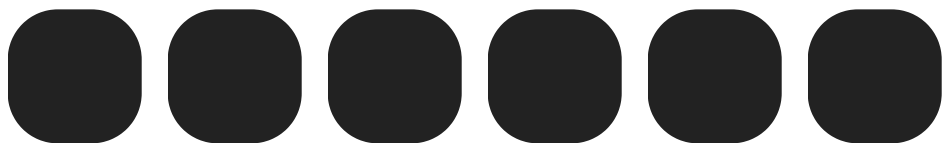
Prior to joining Saint Francis, Gamadia served as a neurosurgeon at Neurosurgical Associates of North Texas in Fort Worth, Texas.

For more information about Dr. Gamadia or Cape Spine & Neurosurgery, call 573-331-3996.

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## School Bus Safety - Time to Head Back to School

AUGUST 08TH 2015 BY DEE LOFLIN

### School Bus Safety - Time to Head Back to School

**Missouri** - For many children, riding the bus or walking to school represents a new level of freedom and maturity. It also creates new risks that you and your children should be aware of.

School buses are nearly eight times safer than passenger vehicles; however, a majority of bus-related deaths and injuries that do occur involve pedestrians - mostly children - who are struck by a bus or injured when they are exiting the bus to cross traffic.

Make every trip to and from school a safe one by following these guidelines:

Always stay in sight of the bus driver.

Don't hurry off the bus. Make sure to check traffic first.

Don't go back to the bus after exiting.

The Safe Routes to School program makes bicycling and walking to school a safer and

more appealing transportation alternative. By encouraging more students to walk, wheel or bike to school, the program encourages a healthy and active lifestyle from an early age.

During the month of August, at times when MoDOT's digital message signs are not being used to convey critical information to motorists, the signs will be used to reinforce safe driving practices for back to school:

**Today's Homework - Don't Text and Drive**

**Back to School Back to Basics - Buckle Up**

Safe Routes to School projects include sidewalk improvements, traffic calming, pedestrian and bicycle crossing improvements, bicycle parking facilities and traffic diversion - <http://www.saferoutesinfo.org/>.

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# New Wave Text Alert System

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AUGUST 06TH 2015 BY DEE LOFLIN

## New Wave Text Alert System

**Dexter, Missouri** - New Wave customers can receive Text Messages when an unexpected outage occurs or when they do routine maintenance and your service is unavailable for a period of time.

In this day and age, text alerts seem to be the manner in which many business can get in touch with a multitude of people quickly. Not many New Wave customers are using this feature at this time, but according to New Wave it's a great way to find out when your service is experiencing an outage without you having to contact the call center.

It's great to know in advance when routine maintenance is being performed during the night when most are snug in their beds; however there are a few who are burning the midnight oil and being informed is key to communication. This text alert system is a great communication device and easy to utilize.

It's very simple to set up on your cell phone, but please remember standard text messaging charges may apply depending on your cell phone carrier.

### Text Alert Steps

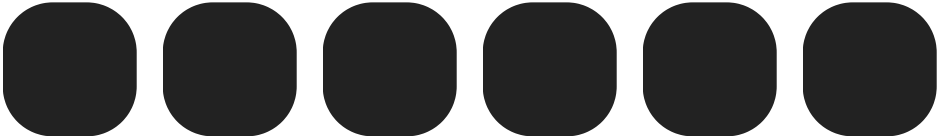
1. Text to 25370
2. In the body of the text type NEWWAVE and your ZIP CODE
3. You will receive a response once you are signed up

That's all you have to do. Then when New Wave experiences a cable, phone, or internet outage in your zip code area, a text message will be sent to your phone.

If you have further questions about your the service call 1-888-8NEWWAVE or stop by your local office.

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