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Saint Francis to Host Free Coaches Clinic

AUGUST 26TH 2016 BY DEE LOFLIN

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SAINT FRANCIS TO HOST FREE COACHES CLINIC

Cape Girardeau, Missouri - Saint Francis Healthcare System will host its annual Coaches Clinic Thursday, September 15, from 8:30 am to 1:30 pm in the Health and Wellness Center – (150 S. Mount Auburn Road – Entrance 8).

Each year, the program focuses on topics relevant to today's coaches and athletes. The clinic's goal is to make coaches more aware of current issues and opportunities, and help them achieve excellence in their programs by keeping their athletes healthy and strong. This year's clinic features former NFL quarterback and current football and baseball coach Jay Schroeder, plus a presentation from Saint Francis orthopedic surgeon James M. Edwards, MD.

Schroeder's NFL career began in 1985 and ended with over 20,000 yards passing and 100 touchdown passes and a .648 winning percentage. Today, he coaches football and baseball at the high school and college levels, and is involved in many Christian and charitable organizations, speaking regularly across the country and internationally. He draws upon his football experiences to share the importance of leadership and teamwork in business, at home and in the face of adversity. Schroeder also will discuss the importance of today's athlete maintaining mental and physical health.

Dr. Edwards, an orthopedic surgeon at Saint Francis, will share helpful information on injury prevention and management in young athletes, and participate in a question-and-answer session with attendees.

“We are thrilled to provide another Coaches Clinic for our community,” says Steven C. Bjelich, FACHE-D, President and Chief Executive Officer at Saint Francis. “These clinics are designed to enlighten and inspire area coaches, so they can enjoy more successes and keep their athletes healthy and safe.”

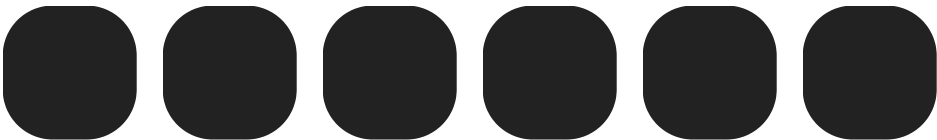
This clinic offering is free, and coaches, athletic trainers, principals and school administrators are encouraged to attend. To register for this event, call 573-331-3996 by September 12.

Saint Francis Medical Center is a 289-bed facility serving more than 713,000 people throughout Missouri, Illinois, Kentucky, Tennessee and Arkansas. Guided by its mission to provide a ministry of healing and wellness inspired by its Christian philosophy and values, the Medical Center has become a progressive, innovative regional tertiary care referral center. Saint Francis’ major service lines, which have received national recognition, include the Neurosciences Institute; Orthopedic Institute; Family BirthPlace, featuring the region’s first Level III Neonatal Intensive Care Unit; Heart Hospital; Emergency and Level III Trauma Center; Cancer Institute; and Fitness Plus.

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