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Coach Goltra's Weightlifting Class Competes at Scott City

FEBRUARY 06TH 2017 BY DEE LOFLIN

Coach Goltra's Weightlifting Class Competes at Scott City

Scott City, Missouri - Coach Goltra's Weightlifting Class participated in the Scott City Weight Lifting Meet on Thursday, February 2, 2017.

"This may be the first time ever at least in recent history that the athletes have participated in such an event," stated Coach Kevin Goltra. "Great job by the Bearcat Weightlifters tonight!"

"They took 1st in the freshmen/sophomore division and competed very well in the junior/senior division."

In total 15 gold medal, 9 silver medals, and 13 bronze medals were earned by the Bearcats! They also set 2 meet records and tied a 3rd.

"I am extremely proud of these kids," stated Goltra. "Their hard work in class is really beginning to pay off."

The following high schools competed: Charleston, Scott City, Dexter, Malden, Fredericktown, and Perryville.

Results for Dexter:

1st Place

Jacob Bird - Power Clean

Hunter Lawrence - Bench

Hunter Lawrence - Dead Lift

Hunter Lawrence - Squat

Caleb Hoggard - Power Clean

Dalton Warren - Push Press

Corbin Strong - Bench

Corbin Strong - Power Clean

Corbin Strong - Push Press (New Record)

A.J. Garrett - Bench

Trenten Dean - Power Clean

Nick Trout - Push Press

Trenton Willis - Squat

Blake Palmer - Bench (New Record)

2nd Place: Jacob Bird, Caleb Hogard, Luke Boyer, and Nick Trout in Bench; Caleb Hogard in Dead Lift; Caleb Hogard, Trenten Dean, and Blake Palmer in Squat, A.J. Garrett in Push Press.

3rd Place: Jacob Bird, Jake Harris, and Payton Tinnin in Squat; Jett Featherston and Trevor McDonald in Bench; Jett Featherston and Trevor McDonald in Dead Lift; Hunter Lawrence, Trenten Dean and Spencer Owens in Push Press; Brock Simmons, Payton Tinning and Spencer Owens in Power Clean.

Senior Division Weight Class Up to 140 lbs, 141 - 165 lbs, 166 - 190 lbs, 191 -215 lbs and 216 and Above held events in Bench, Power Clean, Dead Lift, Push Press, and Squat.

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ShowMe Times Sports Spotlight - Macy Roper

FEBRUARY 05TH 2017 BY DEE LOFLIN

ShowMe Times Sports Spotlight - Macy Roper

Dexter, Missouri - The ShowMe Times Dexter Sports Spotlight shines on Macy Roper.

Macy is a Dexter Bearcat Basketball Cheerleader and a sophomore at the Dexter High School.

She is the daughter of Tony and Tonya Roper.

Roper has been active in FCCLA for one year, Student Council for two years, Sr. Beta for one year, and Honors Choir.

She has also participated in Show-Choir and made the All-County Cheer Squad.

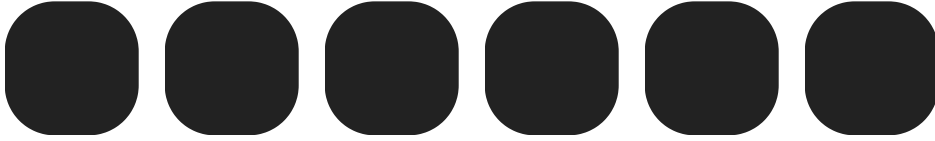
Her future plans are to go to college and study business management and marketing.

Macy enjoys singing, watching Netflix, and hanging with friends.

She attends First Baptist Church and is a member of Fellowship of Christian Athletes.

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ShowMe Times Sports Spotlight - Michaela Gard

FEBRUARY 05TH 2017 BY DEE LOFLIN

ShowMe Times Sports Spotlight - Michaela Gard

Dexter, Missouri - The ShowMe Times Dexter Sports Spotlight shines on Michaela Gard.

Michaela is on the Kickin Cats Dance Team and is a junior at the Dexter High School.

She is the daughter of Cammy Gard of Dexter, Missouri, and Paul Gard of Perryville, Missouri.

Her grandparents are Mary and Jerry McFall of Dexter, Missouri, and Donna and Dave Gard of Bloomfield, Missouri.

Gard has been active in Student Council for two years, FCCLA for three years, and Sr. Beta for one year. She is also in the Hub Youth Group at Liberty Hill Church.

She is in the Top Ten Percent.

Her future plans are to attend college and earn a degree in Elementary Education.

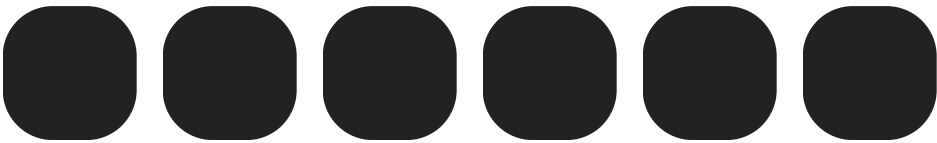
Gard has participated in varsity football cheerleading three years, track two years, and been on the Kickin Cats Dance Team two years.

She attends Liberty Hill Church and is a member of Fellowship of Christian Athletes.

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Dexter Powers Through Naylor for a 62-51 Win

FEBRUARY 03RD 2017 BY DEE LOFLIN

Dexter Powers Through Naylor for a 62-51 Win

Dexter, Missouri - The fear of six more weeks of winter and a chunky ole groundhog didn't slow the Cats down one bit tonight at the Bearcat Event Center. They took out the Naylor Lady Eagles 62-51.

Naylor tried to slow the game down in the first quarter, but the Lady Cats sped things up and once they did the scoring battle began. First quarter ended with an 8-6 lead by Dexter. In the second period Dexter tallied 24 points to Naylor's 16.

"When you play Naylor you know what you're going to come up against. It's going to be a 1-3-1 and they wanted to slow us down a bit tonight and at times we played at their pace," commented Dexter head coach Chad Allen. "We need to get after teams and speed the pace up and our girls did a great job of doing that tonight. We had low scoring in the first quarter, but that picked up in the second.

Sophomore Chaylea Mosby finished with a team-high 32 points for the Lady Cats. She hit seven threes in the process to tie a school record that she's already matched twice this season.

"Chaylea had another great night shooting," stated Allen.

Senior Hannah Thurmon also finished in double figures with 15 points.

"Hannah did an unbelievable job inside for us, wanting the ball and finishing inside," continued Allen. "Not only that, but I thought Hannah did a great job defensively sliding her feet and keeping her man in front of her."

This was Krysten Garrison's first time playing this season after a shoulder injury.

"This was her first game back and is just getting her feet wet," Allen said. "She did a great job. Her and Hannah look for each other and are good at getting her high low situation. The more she plays the better she is going to get. It is good to get her back this time of the year with just 6 games left before we go into post season."

Naylor's 6'1" junior, Callee Pickrell, challenged Dexter at every turn. She ended with a game-high 33 points. She had a knack for being open and took the opportunity to score.

"She's a great player and has a good nose for the ball," stated Allen. "She knows where to be. She's a great scorer and a great shooter as well. Very tough to stop!"

Dexter was without their point guard Natalie Sitze. She injured her elbow against the Sikeston Lady Bulldogs and is expected to be out for a couple of weeks. She needs some time to heal according to Coach Allen.

Final Score Dexter LBB 62, Naylor 51

Dexter 8 24 16 14 - 62

Naylor 6 16 15 14 - 51

Dexter (62) - Rylee Allen 2, Meghan Trout 2, Cheyenne Mosby 3, Hannah Thurmon 15, Krysten Garrison 2, Harley Allen 6, Chaylea Mosby 32. FG 24, FT 4/6, F 20. (3-pointers: Cheyenne Mosby 1, Harley Allen 2, Chaylea Mosby 7. Fouled Out: None).

Naylor (51) - Gracie Gargac 5, Lexi Day 6, Chelsey Rigdon 2, Hannah Cunningham 5, Callee Pickrell 33,. FG18, FT 13/19, F 11. (3-pointers: Lexi Day 2. Fouled Out: None).

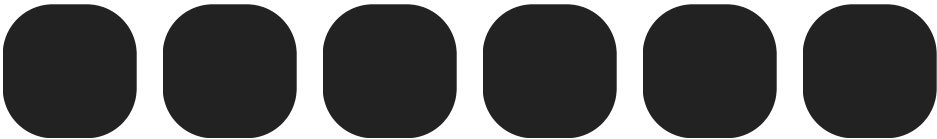
The Lady Cats (12-6) will be back in action on Monday when they host their District rival the Notre Dame Lady Bulldogs! Game time 6:00 p.m.

"We will see a lot of full court pressure on Monday," Stated Allen. "It will be a totally different game than tonight as they will get us defensively. It is going to be an all out battle. We had a pretty tough practice yesterday and it helped us with our game tonight. Hope we can get ready for them tomorrow and Sunday as I know it will be a battle."

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Lady JV Cats Swallow Eagles 52-16

FEBRUARY 02ND 2017 BY DEE LOFLIN

Lady JV Cats Swallow Eagles 52-16

Dexter, Missouri - The junior varsity Lady Cats easily defeated the Lady Eagles of Naylor 52-16 on Thursday evening.

Every Lady Cat scored during their offensive attack against Naylor.

Maycie Martin tallied a game-high 14 points. All of her field goals coming in the first and third quarters.

Maci McBride recorded three 3-pointers; two in the second period and one in the third period.

Finals Score Dexter LBB JV 52, Naylor JV 16

Dexter 10 15 18 9 - 52

Naylor 4 2 6 4 - 16

Dexter (52) - Maycie Martin 14, Rylee Allen 7, Margo Nea 6, Keirstan Keirsesey 4, Alexa Werneck 6, Maci McBride 9, Mallory Dunlap 4, Shea Baker 2. FG 20, FT 9/17, F 10. (3-pointers: Maci McBride 3. Fouled Out: None).

Naylor (16) - Maddy Cagle 3, Shelby Sullivan 2, MaKenna McGee 4, Breanna Alexander 2, Faith Sullivan 1, Ricki Spargo 2, Emma Moman 2. FG 6, FT 3/4, F 11. (3-pointers: Maddy Cagle 1, Fouled Out: Ricki Spargo).

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