



[TOP](#)

# Stoddard County Nutrition Center Menu and Activities

APRIL 17TH 2017 BY DEE LOFLIN

## Stoddard County Nutrition Center Menu and Activities

**Dexter, Missouri** - The Stoddard County Nutrition Center aka Dexter Senior Center lunch menu for Monday, April 17, 2017 - Friday, April 21, 2017.

The Dexter Senior Center is located at 23 W. Stoddard St. in historic downtown Dexter.

You don't have to be a senior to eat. They serve lunch from 11:30 a.m. - 1 p.m. and the cost is \$3.50 for seniors and \$5.00 for non-seniors.

Monday - Whole grain fettuccine alfredo with chicken, Italian blend vegetables, lettuce salad, garlic breadstick and cookie.

Monday Activities - Bewitched at 10:30 a.m. Toss 'N Talk at 11:00 a.m. and BINGO at 1:00 p.m.

Tuesday, April 18th - Spinach, bacon and egg quiche, country potatoes, biscuit & gravy, and applesauce cake.

Tuesday Activities - Sit & motion at 11:00 a.m., singing at 11:30 a.m. and nail spa at 12:30 p.m.

Wednesday, April 19th - Finger lickin' chicken, mashed potatoes & gravy, peas and carrots, whole grain roll and chocolate cake.

Wednesday Activities - Activity Chair BINGO at 11:00 a.m. and old westerns at 1:00 p.m.

Thursday, April 20th - Chopped steak with mushrooms & onions, baked potato, Brussels Sprouts, whole grain bread and banana pudding.

Thursday Activities - Name 10 To Play at 11:00 a.m., Dexter Senior Choir at 12:30 p.m. and Arts & Crafts at 1 p.m.

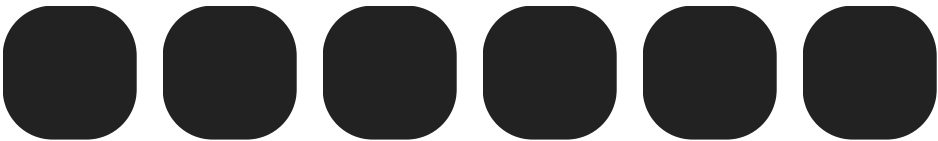
Friday, April 21st - Broccoli, rice, and ham casserole, catfish, potato salad, slaw, hushpuppies, and pineapple upside down cake.

Friday Activities - Finish Lines at 11:00 a.m. and My Community Guest Speaker at 1:00 p.m.

LAST UPDATED ON APRIL 17TH 2017 BY DEE LOFLIN

<https://showmetimes.com/Blogpost/v76t/Stoddard-County-Nutrition-Center-Menu-and-Activities>

[Go to post](#)



More from ShowMe Times:



SUBSCRIBE TO "COMMUNITY"

**ShowMe Gold Sponsors**