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Stoddard County Nutrition Center Menu and Activities

JUNE 19TH 2017 BY DEE LOFLIN

Stoddard County Nutrition Center Menu and Activities
Dexter, Missouri - The Stoddard County Nutrition Center aka Dexter Senior Center lunch menu for Monday, June 19, 2017 - Friday, June 23, 2017.

The Dexter Senior Center is located at 23 W. Stoddard St. in historic downtown Dexter.

You don't have to be a senior to eat. They serve lunch from 11:30 a.m. - 1 p.m. and the cost is \$3.50 for seniors and \$5.00 for non-seniors.

Monday, June 19, 2017 - Tex Mex tacos with lettuce, tomato, cheese, and sour cream, refried beans, and cinnamon chips.

Activities: Bewitched at 11:00 a.m., Toss 'N Talk at 11:30 a.m. and BINGO at 1:00 p.m.

Tuesday, June 20, 2017 - Spinach, bacon, and egg quiche, hash browns, biscuit & gravy, and peaches.

Activities: Blood Pressure check by Health Department at 10:00 a.m., Sit & Motion Singing at 11:30 a.m., and BINGO at 1:00 p.m.

Wednesday, June 21, 2017 - Mushroom chicken, peas, sweet potato casserole, roll, and

banana pudding.

Activities: Activity Chair BINGO at 11:30 a.m. and Old Westerns at 1:00 p.m.

Thursday, June 22, 2017 - Breaded fish, poppy seed salad, seasoned wedges, corn chips, and snickerdoodle cookie.

Activities: Arts & Crafts at 11:00 a.m. and My Community Guest at 1:00 p.m.

Friday, June 23, 2017 - Ham & cheese on bun, catfish, black-eyed peas salad, carrots, cornbread, and Jello cake.

Activities: Beverly Hillbillies at 11:00 a.m., Eat Smart at 11:30 a.m. and BINGO at 1:00 p.m.

Movie Night will begin at 5:00 p.m. on Friday, June 23rd until 7:00 p.m.

LAST UPDATED ON JUNE 19TH 2017 BY DEE LOFLIN

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