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Dexter Firemen Receive 5-Year Commemorative Star Pins

DECEMBER 12TH 2018 BY DEE LOFLIN

Dexter Firemen Receive 5-Year Commemorative Star Pins

Dexter, Missouri - The Dexter Fire Department held their annual Christmas banquet on Tuesday, December 11, 2018.

Five firemen received their commemorative star pins for 5 years on the department.

Pictured left to right, Bryant Gibbs, Joe Lovins, Andrew Juden, Allen Malloy, and Justin McCollough.

Congratulations!

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The 2019 Fitness Challenge is Just Around the Corner!!

DECEMBER 07TH 2018 BY DEE LOFLIN

The 2019 Fitness Challenge is Just Around the Corner!!

Dexter, Missouri - The Regional Healthcare Foundation will once again sponsor the “TRI” Team Fitness Challenge!

The first Fitness Challenge began in 2007 and has been a very popular event within the community. This is the 12th year for the annual weight loss tradition!

Many people enjoy the holidays and all the fine dining and special treats knowing they will get serious about losing those extra holiday pounds by participating in the Fitness Challenge! There are many, many success stories from people who have improved their health and found a better of quality of life by following their regiment used for the challenge in their daily life after the challenge.

The main focus of people who participate is to improve their health. People are very conscious that diabetes, heart disease/high blood pressure are on the rise for our population. The Fitness Challenge offers weekly accountability for weight loss. Team support serves as reinforcement for shedding pounds.

Each week handouts will be provided about health and nutrition. Blood pressure checks will be made at the beginning of the Challenge and then at the end of the Challenge for

comparison.

The 2019“TRI” Team Fitness Challenge begins Wednesday January 9 and continues until Wednesday April 25th.

Teams may sign up for the Challenge on January 9, January 16 and January 23.

The teams will consist of 3 people. Teams must have a team name selected before signing up.

Individuals who do not have a team may sign up. Individuals will be combined in teams of 3.

Weekly charts for the “Tri” Team Fitness Challenge will be available to show the progress of each team. Charts will list team names and the percentage of weight loss for the team.

Weights are completely confidential.

Prizes For Fitness Challenge:

Prizes are based on the greatest percentage of weight loss of the team.

1st Place Team - \$1,000

2nd Place Team - \$500

3rd Place Team - \$250

There will be a \$250 cash prize for the individual who loses the greatest number of pounds.

Participants weigh in weekly on Wednesdays from 7:30 a.m. until 5:30 p.m. Team members are not required to weigh in at the same time of day.

For additional information, please call the Regional Healthcare Foundation at 573-624-1607

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Dexter HS/Southeast Alumna Selected as White House Holiday Decorator

DECEMBER 06TH 2018 BY DEE LOFLIN

Dexter HS/Southeast Alumna Selected as White House Holiday Decorator

Southeast Missouri State University alumna Jordan Sandusky recently had the extraordinary opportunity of helping decorate the White House in Washington, D.C., for the holidays.

Decorating the White House has been a five-year dream for Sandusky, a Dexter, Missouri, native and 2015 Southeast graduate.

“The application process is very competitive and I applied five years in a row and never heard anything back until this year,” she said. “There were over 7,000 applications submitted for this holiday season. I was one of 125 people chosen.”

While some people were only selected to work one of two shifts, she was fortunate enough to be included in a small group selected for the entire week, Sandusky said. She worked under a Chicago event planning company lead by a designer who worked with the First Lady to create her vision for the holiday season.

“I spent four days decorating the White House and a fifth day for a luncheon with the First Lady,” she said.

Sandusky graduated from Southeast with a Bachelor of Science in human environmental studies, interior design option, and is a designer for Redwood Construction, a commercial construction company out of southern California specializing in multi-living facilities such as apartment complexes, student housing complexes, senior living facilities, and some hotels.

This year’s White House holiday theme is “American Treasures,” with 50 live Christmas trees featuring 14,000 red ornaments and 40 berry topiaries ranging in size from three to 12 feet.

“The entire theme and vision is conceived by the First Lady, and it was then our job to help bring her vision to life,” she said.

The first two days Sandusky worked at an offsite warehouse location.

“During that time, we opened and sorted all of the new ornaments and decorations for the year,” she said. “We also began creating some of the decorations, such as the berry topiaries and the red ornament garlands that are shown at the base of the trees in the Grand Foyer and Cross Hall.”

At the White House, she was a part of a team that decorated the Vermeil Room, Diplomatic Reception Room and the hall of berry topiaries.

“The berry topiaries were covered with thousands of individually placed red berries and took the longest amount of time to complete,” she said.

Almost every room in the White House was decorated, including the Oval Office and the private residence, Sandusky said. The White House gingerbread house created for this year was an elaborate 500-pound masterpiece that featured not only the traditional White House but included the Lincoln Memorial, Washington Monument, Jefferson Memorial and the Capitol Building.

Sandusky also got to see HGTV’s filming of their 2018 White House Christmas special that will air at 5 p.m. CT Sunday, Dec. 9.

Her work will be seen by multiple tours a day plus a number of events held at the White House during the holiday season, Sandusky said. She was told it's estimated the White House hosts approximately 30,000-40,000 guests throughout December.

When the White House holiday decorations were complete at the end of her week's work, the First Lady hosted a luncheon for the holiday decorating volunteers. Mrs. Trump spoke with them during the luncheon and thanked them for their work, she said. White House Press Secretary Sarah Huckabee Sanders and Presidential Counselor Kellyanne Conway also attended the luncheon, Sandusky said. During the reception, the volunteers also got to see the President depart on Marine One from the south lawn of the White House.

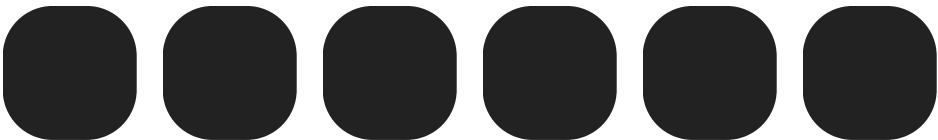
"It was such an honor to have been a part of this amazing experience," she said. "The decorators get to see inside some parts of the White House that are closed to the public. It was surreal to think about all the incredible people who have walked those same hallways. It was an experience I will never forget."

Reposted from Southeast Missouri State University

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Dexter Chamber of Commerce Weekly Calendar

DECEMBER 03RD 2018 BY DEE LOFLIN

Dexter Chamber of Commerce Weekly Calendar

Dexter Chamber of Commerce Weekly Activities for Monday, December 3rd - Sunday, December 9, 2018

Monday: December 3

Community Dance at the American Legion across from West Park from 6:30pm-8:30pm
Board of Alderman Meeting- Municipal Building at 7:00pm

Tuesday: December 4

Children's Story Hour- There's Snowman Like You Presented by Teresa Overall
Keller Public Library-Community Room at 10:15am.

VNA Hospice Support Group 919 W. Business 60 (Behind McDonalds)

Ribbon Cutting- Smart Marketing

Location: Dexter Chamber of Commerce
Time: 9:30am

BUSINESS AFTER HOURS-Farm Credit of SEMO

Drop in from 5:00pm-6:30pm
1114 North Outer Road

Friday: December 7

Full Chamber Member Winter Luncheon at Hickory Log December 7th at 11:30am

Get Tickets THIS WEEK!

\$15 in advance \$20 at the door

Call 573-624-7458 to get tickets or if you have any questions!

Living Nativity at First Midwest Bank in Dexter from 3:00-6:00pm

There will be Hot Chocolate and Santa, too!

Santa is coming to BANK OF ADVANCE- from 3:00-5:00pm

Saturday: December 8

Cookies with Santa at Saint Francis Health Center-Dexter (2nd Floor Waiting Room)

10:00am- 1:00pm

****First 100 participants will have their photo taken with Santa for FREE with a 4x6 print, courtesy of Bootheel Babies and Families****

Sunday: December 9

Cookie Walk First Christian Church from 12:00pm-2:00pm

<https://showmetimes.com/Blogpost/vbmc/Dexter-Chamber-of-Commerce-Weekly-Calendar>

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DHS Sr. Beta Club to Host 3rd Annual Old-Fashioned Chili Supper

NOVEMBER 30TH 2018 BY DEE LOFLIN

DHS Sr. Beta Club to Host 3rd Annual Old-Fashioned Chili Supper

Dexter, Missouri - The Dexter High School Sr. Beta Club will host their 3rd Annual Old-Fashioned Chili Supper on Thursday, December 13, 2018 in the high school cafeteria.

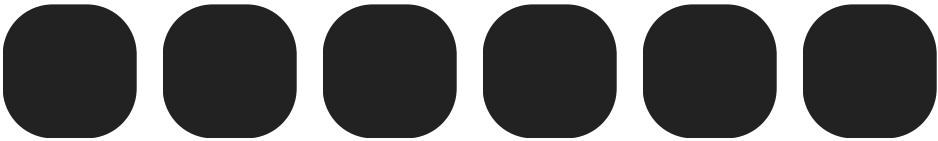
The event will be held from 5:00 p.m. - 7:00 p.m. You can purchase tickets at the door for \$7.00 which will include chili, cinnamon roll, drink and admission to the Dexter boys basketball game against the Richland Rebels. The JV and Varsity games will be held in the high school gym instead of the Bearcat Event Center! What a great atmosphere for a throwback game!!!

Carry-outs will be available and children under age of 5 years old are free!

Proceeds will go to the Dexter Sr. Beta Club. Please come out and support them and enjoy some great southeast Missouri basketball between the Bernie Mules and the Dexter Bearcats!

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