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Understanding Teen Depression - A Free Webinar

MARCH 05TH 2019 BY DEE LOFLIN

Understanding Teen Depression - A Free Webinar

Sikeston, Missouri - Please join Bootheel Counseling Services & Family Medical Clinic for a viewing of "Understanding Teen Depression" a free webinar featuring Rebekah Gibbons.

This Webinar trains parents, teachers, school staff, youth workers, and other caring adults to recognize depression in teens, communicate about depression with teens and parents, and know when and how to seek help in addressing depression.

The Webinar is from 6 p.m. to 7:15 p.m. on Thursday, March 21, 2019. Doors open at 5:30 p.m.

Intended audience are parents, school faculty, youth workers, and other caring adults.

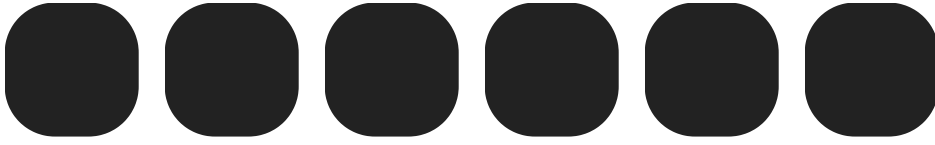
Bootheel Counseling Services is located at 760 Plantation Blvd, Sikeston, Missouri.

Please R.S.V.P. by Tuesday, March 19, 2019 by calling (573) 481-2836 or contact Jennifer Hartlein at jhartlein@booheelcounseling.com

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Multi-Family Indoor Yard Sale at 2106 N Outer Rd in Dexter

MARCH 01ST 2019 BY DEE LOFLIN

Multi-Family Indoor Yard Sale at 2106 N Outer Rd in Dexter

Dexter, Missouri - Large Multi-Family indoor yard sale located at 2106 N Outer Rd in Dexter on Friday, March 1st 5 p.m. - 8 p.m. and Saturday, March 2nd from 8 a.m. - noon.

Lots of home decor', Christmas decorations, clothing of all sizes for men, women, and young adult, sporting goods, golf clubs, some furniture, aquariums, tables, chairs, CDs, DVDs, classware, plates, glasses, cups, FREE books, and so much more. Most items are less than \$1.00 Very few items over \$5.00.

Come take it all, what's left goes to a donation place. Cleaning out the clutter yard sale, very cheap!!!

Located on the outer road across from Wal-Mart in Dexter next door to American Outdoors.

Office space is also for rent if you would like to take a look!

<https://showmetimes.com/Blogpost/vc7k/MultiFamily-Indoor-Yard-Sale-at-2106-N-Outer-Rd-in-Dexter>

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[4-Family Backyard Sale in Dexter on Friday and Saturday](#)

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[5-Family INDOOR Yard Sale in Dexter](#)

[5-Family INDOOR Yard Sale in Dexter](#)

[2-Family Moving Sale in Dexter](#)

[2-Family Moving Sale in Dexter](#)

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Office Space for Rent

MARCH 01ST 2019 BY DEE LOFLIN

[Office Space for Rent](#)

Dexter, Missouri - Office Space for Rent! Approximately 850 square feet of office space configured for two main offices, but a third office could be added with an addition or a partition wall.

There are also two bathrooms, a closet and a reception area.

Rent is \$550 per month with a \$550 deposit and first month's rent due at lease signing.

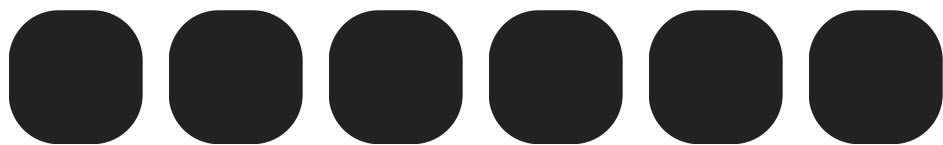
Location is 2106 N OUTER RD SUITE C next door to American Outdoors.

For more information call (573) 421-6096.

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March Open House Event at 1221st Transportation Company in Dexter

MARCH 01ST 2019 BY DEE LOFLIN

March Open House Event at 1221st Transportation Company in Dexter

Dexter, Missouri - There will be a March Open House event at the 1221st Transportation Company and the community is invited!

The event will be held on Sunday, March 3, 2019 from 10 a.m. - 2 p.m.

The 1221st unit will have equipment and weapons on display for the community to view, handle, and ask questions about.

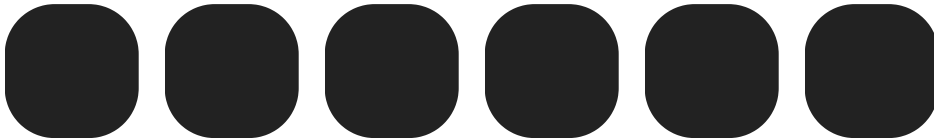
If you have questions or need further details contact SFC Patricia McShan at (573) 624-2230, ext 12006.

Location is at the Armory Building on hwy 114.

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Quarterly Cleanup Set for March 4, 2019

FEBRUARY 28TH 2019 BY DEE LOFLIN

Quarterly Cleanup Set for March 4, 2019

Bernie, Missouri - The city of Bernie will hold a quarterly cleanup day on Monday, March 4, 2019.

Items need to be separated into two piles, one pile for large items such as furniture and appliances and the one for small trash items.

The city will not pickup batteries, used oil, oil filters, shingles or any type of yard waste including but not limited to leaves, trees, and limbs.

There is a \$15 charge for appliances, heaters, air conditioners, etc.

There is a \$10 charge for couches, riding lawn movers and the like.

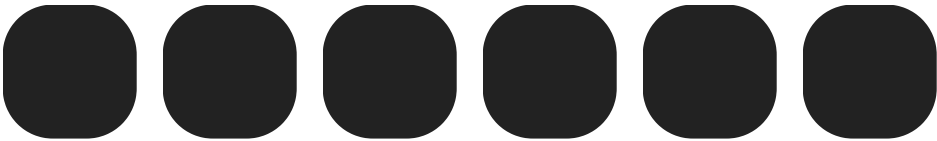
There is a \$5 charge for chairs, push mowers, and mattresses.

If you have further questions contact city hall.

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