



[TOP](#)

The Lunch Box Menu for Monday, Nov 11th - Friday, Nov 15th

NOVEMBER 10TH 2019 BY DEE LOFLIN

The Lunch Box Menu for Monday, Nov 11th - Friday, Nov 15th

Dexter, Missouri - The Lunch Box formerly known as the Stoddard County Nutrition Center invites you to join them for lunch Monday - Friday and enjoy some fun activities as well.

The Lunch Box is located at 23 W. Stoddard St. in historic downtown Dexter and it's not just for seniors!

You really don't have to be a senior to eat there. The food is great, served hot, and very inexpensive.

They serve lunch from noon - 1 p.m. and the cost is \$3.50 for seniors and \$5.50 for non-seniors. Suggested age for seniors is 60+

Monday, November 11th - Closed for Veterans Day

Tuesday, November 12th - Chicken and wild rice soup, cheese stick, vegetable blend, peans, crackers, and fruit.

Wednesday, November 13th - Fish or pulled pork, baked beans, coleslaw, hush puppies, and fruit.

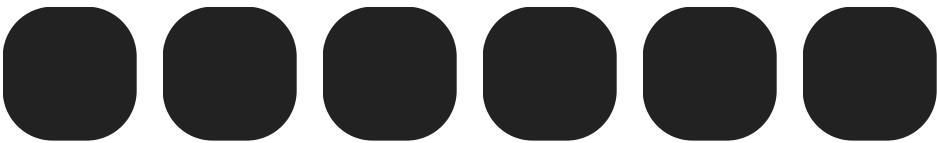
Thursday, November 14th - Beef stew, spinach, roll, and fruit.

Friday, November 15th - Ham and beans, stewed tomatoes, cooked cabbage, cornbread and fruit.

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Scouting for Food in Stoddard County

NOVEMBER 09TH 2019 BY DEE LOFLIN

Scouting for Food in Stoddard County

Stoddard County, Missouri - It's that time of the year when Boy Scouts from all over Stoddard County will drop off empty bags on your doorstep this Saturday, November 9th beginning at 9 a.m.

Then next Saturday, November 16th those same hard-working scouts will be back to pick up bags filled with donations for our local Stoddard County Gospel Mission.

Any canned good or dry food item is requested.

If you don't get a bag at your house, but you still want to donate you can drop off your food items at the Mission on Saturday, November 16th.

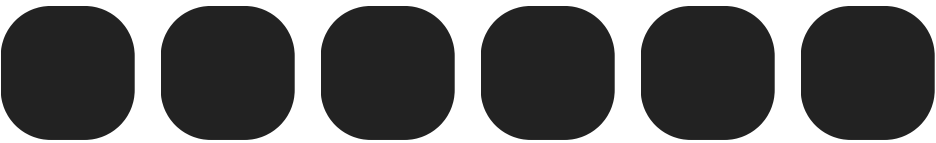
What items can be dropped off or placed in the bags? Applesauce, canned goods, crackers, oatmeal, rice, pasta, cooking oils, flour, peanut butter, trail mix, canned chili, dry beans in a bag, dry rice, boxes of dry muffin mix, Ramen noodles, canned fruit, spaghetti or noodles, and cans of soup.

This is the largest service project of the year for Boy Scouts.

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Water Leak Discovered in Stoddard County District No. 4

Water Leak Discovered in Stoddard County District No. 4

Stoddard County, Missouri - If you live in Water District No. 4 you may be experiencing low water supply to your home.

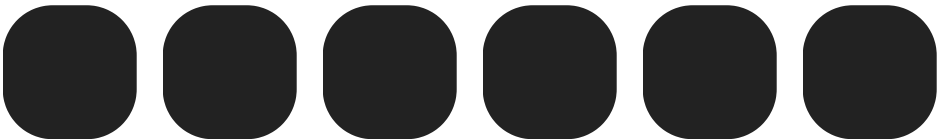
A water leak started causing issues since 3:30 a.m. Thursday, November 7, 2019.

According to local officials the water tower's supply is also decreasing.

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Ozark Police Department is looking for 15-year-old Josiah Robert Harvison.

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Ozark, Missouri - Ozark Police Department is looking for 15-year-old Josiah Robert Harvison.

Harvison has brown hair, brown eyes, 5'4" and weighs 125 lbs. He wears glasses and has a mole on the right side of his face above his lip.

According to a release Harvison was last seen in the area of Longview St between North 21 St and Fremont St in Ozark on November 5, 2019, around 11 p.m.

He was last wearing blue jeans and a blue and grey jacket with stripes.

If you have seen or have any information on his whereabouts contact the Ozark Police Department at 417-581-6600.

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[Go to post](#)



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Hansen Joins Pain Management Center

NOVEMBER 07TH 2019 BY DEE LOFLIN

Hansen Joins Pain Management Center

Saint Francis Healthcare System is pleased to announce that Thomas Hansen, MD, has joined the Pain Management Center.

Dr. Hansen has 30 years of experience in pain management and anesthesiology with a special interest in dorsal column stimulation and headache pain. He has numerous publications on neurophysiology in pathological conditions.

He is certified by the American Board of Anesthesia with a subspecialty in pain medicine. He is also certified by the American Board of Independent Medical Examiners.

Dr. Hansen earned his medical degree from Carver College of Medicine in Iowa City, Iowa in 1987. He completed his residency at University of Iowa in Iowa City in 1992. He completed his fellowship also at University of Iowa in 1993.

He is married to his wife of 30 years, Cherri. They have three grown children. In his spare time, Dr. Hansen loves to golf, collect aviation military artifacts, hike and work on his farm.

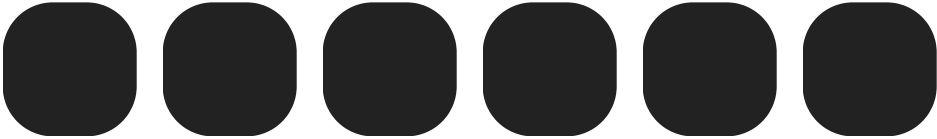
Pain Management Center is located at 211 Saint Francis Drive in Cape Girardeau, Mo. If pain is keeping you from the life you want, talk with your doctor about a referral to the Saint Francis Pain Management Center or call 573-331-5329.

Saint Francis Healthcare System is guided by our mission to provide a ministry of healing, wellness, quality and love inspired by our faith in Jesus Christ. Founded by Franciscan Sisters in 1875, our priority remains the same: serve all who enter with dignity, compassion and joy. Serving nearly 715,000 people across Missouri, Illinois, Kentucky, Tennessee and Arkansas, our focus is on patients' outcomes, experience and value.

Anchored by Saint Francis Medical Center, a 306-bed tertiary hospital, and supported by more than 3,000 colleagues and nearly 300 providers in 11 communities, the Healthcare System is a driving economic force in the region. Major services include Primary Care, Gastroenterology, Cancer Institute, Emergency and Level III Trauma Center, Heart Hospital, Neurosciences, Orthopedics, Family BirthPlace and the region's first Level III Neonatal Intensive Care Unit.

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