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2020 Dexter High School Cross Country Schedule Released

AUGUST 17TH 2020 BY DEE LOFLIN

2020 Dexter High School Cross Country Schedule Released

Dexter, MO - The 2020 Dexter High School Boys and Girls Cross Country schedule has been released.

Dexter will host their Invitational on Saturday, October 24th.

There are twelve senior athletes, four girls and eight boys, which represents almost half of the DHS Cross Country team. "It is the largest class I have had in nine years as coach", commented Leonard Morse, CC Head Coach at Dexter.

On the boys side the Bearcats are returning two lettermen from last year. "We have good depth once again and should be solid competition for the sixth and seventh varsity spots all season as our scoring top five will all return."

On the girls side the Bearcats it's going to be difficult to replace Margo Nea. "Margo graduated and leaves a significant hole at the top of our roster," commented Morse. "We do have several returning on the varsity team however."

Seniors are McKayla Annesser, Ryder Boles, Gavin Cartwright, Jaycee Chappell, Gage Coleman, Carter Dorton, Andrew Ellinghouse, Austin Kenard, Alanie Lacy, Layne Medler, Ronald Palmer, and Matthew.

Juniors Gabrielle Brown, Sophia Chasteen, and Miller McLaughlin.

Sophomores are Clayton Bell, Alyssa Gross, Hunner Kyle, Maddox Miller, Mason Simmons, Chris Stone, and Kalyn Traw.

Freshmen are Wyatt Comfort, Lily Crockett, Abby Loyd, and Ayden Palmer.

"If the season is able to progress all the way without Covid-19 interruptions, I think we will have a very solid season," commented Coach morse. "I believe that our boys have a legitimate shot to earn a state berth as a team for the first time since 1971."

"With the realignment to five classes instead of four, we do not have to compete with Festus and DeSoto. We still have Herculaneum and Potosi. We are not sure with the new assignment rules where exactly Notre Dame will fit. Even with Festus, DeSoto, and others moving up, our boys will still have to work hard to earn their berth, and that is without knowledge of who will be joining our district. "

"We have added some new runners this year that will improve our overall teams. I look forward to see how the new runners develop and what they are able to contribute to the programs. As with our veterans, the immediate success of our program and its continued development depend on how hard our runners work and how well they buy into the system. I am expecting our many seniors to mentor our younger runners and lead encourage them to become the best runners and the best people they can be."

DHS Girls and Boys Cross Country Schedule:

Saturday, August 29th @ Jackson Invitational 9 a.m.

Saturday, September 12th @ Arcadia Valley High School Invitational 9:15 a.m.

Saturday, September 19th @ Cape Central Invitational 9 a.m.

Wednesday, September 23rd @ Van Buren Invitational 4 p.m.

Saturday, October 3rd @ Notre Dame Invitational 10 a.m.

Monday, October 12th SCAA Conference 4 p.m. at Bloomfield

Thursday, October 15th SEMO Conference 4 p.m. at Cape Central

Saturday, October 17th Farmington Invitational 11 a.m.

Saturday, October 24th Dexter High School Invitational 11 a.m.

Saturday, October 31st District Meet TBA

Saturday, November 7th State Meet at Gans Creek in Columbia

Front Row L to R: Abby Loyd, Gabrielle Brown, Alanie Lacy, Mckayla Annesser, Layne Medler, Jaycee Chappell, Lily Crockett

Middle Row L to R: Wyatt Comfort, Mason Simmons, Ryder Boles, Andrew Ellinghouse, Gavin Cartwright, Carter Dorton, Maddox Miller, Miller McLaughlin

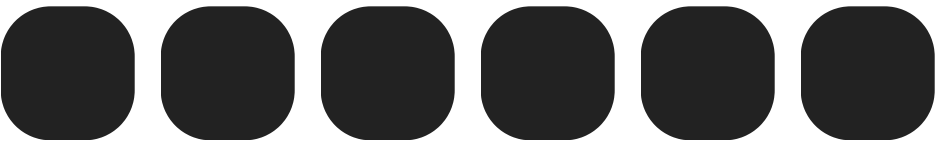
Back Row L to R: Kalyn Traw, Alyssa Gross, Ayden Palmer, Chris Stone, Clayton Bell, Gage Coleman, Ronald Palmer, Austin Kennard, Alliye Lee, Sophia Chasteen

Senior Matthew West and Freshman Delo Watson were not pictured.

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2020 Dexter Bearcat Football Jamboree

AUGUST 11TH 2020 BY DEE LOFLIN

2020 Dexter Bearcat Football Jamboree

Dexter, MO - The Dexter Bearcats will host the 2020 High School Football Jamboree featuring Dexter, Fredericktown, Poplar Bluff, and Caruthersville.

The event will take place at Charles Bland Stadium on August 21, 2020 beginning at 6:00 p.m.

Entry for all spectators will be free and concession stand will be available to teams and spectators.

Dexter will wear their white jerseys. Poplar Bluff will wear their home jerseys. Fredericktown will wear their black jersey and Caruthersville will wear their red jersey.

Round 1

North End (near the road) Dexter vs Fredericktown

South End (near the scoreboard) Poplar Bluff vs Caruthersville

Round 2

North End Dexter vs Poplar Bluff

South End Caruthersville vs Fredericktown

Round 3

North End Dexter vs Caruthersville

Poplar Bluff vs Fredericktown

Each team will be on offense and defense for 12 plays each.

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Free Sports Physicals for Bernie Athletes

JULY 30TH 2020 BY DEE LOFLIN

Free Sports Physicals for Bernie Athletes

Bernie, Missouri - If your child needs a physical for the 2020-21 school year they can schedule an appointment at Southeast Health Clinic in Bernie.

Please schedule an appointment at 293-5336. Physical forms will be available at the clinic. The deadline for free physicals is August 7th.

Physicals are good for two years so if your child had a physical last year they will be covered for this year. Incoming Jr. High athletes and all new athletes will need to be updated. If you are uncertain of your physical status, please contact your coach and they can confirm this for you.

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Waldner Nominated for NCAA Woman of the Year Award

JULY 15TH 2020 BY DEE LOFLIN

Waldner Nominated for NCAA Woman of the Year Award

The nominees for the prestigious NCAA Woman of the Year Award were announced Tuesday, and Mississippi State was represented by two student-athletes in Jordan Danberry from women's basketball and **MaKayla Waldner** from soccer.

Waldner is a 2020 graduate of Mississippi State University and has accepted a position at Mclaurin Aerospace in Huntsville, Alabama. She is a Dexter native and a 2016 of Dexter High School. She is the daughter of Kim Waldner and Bob Waldner.

Rooted in Title IX, the NCAA Woman of the Year Award was established in 1991 to recognize graduating female student-athletes who have exhausted their eligibility and distinguished themselves in academics, athletics, service and leadership throughout their collegiate careers.

Danberry transferred to Mississippi State as a sophomore in search of the opportunity to better her career both in the classroom and on the court. As a junior, she earned the Elite 90 Award for highest GPA among players in the Final Four while helping the Bulldogs advance to a second national championship game. In December of 2018, she earned her bachelor's degree in Business Economics. Boasting opportunities to work for the NSA following graduation, Danberry turned down the opportunity to instead pursue her dream

of obtaining her MBA.

With her eligibility seemingly exhausted, Mississippi State appealed and fought to get Danberry an additional year of eligibility due to losing a year after transferring. State won the appeal, allowing Danberry to earn her master's degree while also competing for one final season on the hardwood. As a graduate guard, she earned All-SEC honors and was one of the nation's top defenders. She also became very involved in the Starkville community, coordinating a mentoring program for female youth to help with personal and professional development.

With two degrees from Mississippi State University, Danberry is now working to create a sports apparel line for children and has aspirations to own her own business one day.

Waldner has been a game-changer for Mississippi State soccer since her freshman season in 2016. Ever since she joined the squad, the team has won six or more games each season, made the NCAA Tournament for the first time, and ended a 15-year Conference Tournament drought. The Missouri native finished her Bulldog Soccer career with her name littered throughout the record book, being the No. 2 in career shots (201), goals (28), and multi-goal games (6), along with being tied for third in points (59). She started every game she played in for three-straight seasons, broke the school record for single-season game-winning goals with five in 2017 and holds the record for career game-winners with 11 overall. Her senior season, the Bulldogs were undefeated when Waldner scored, going 6-0-2 in such matches. Waldner finished the regular season ranked fifth in the Southeastern Conference with 10 goals, leading all SEC midfielders in the category. She served her team as captain in her final campaign.

With such prowess comes much celebration, and Waldner has earned many accolades for her performance on and off the pitch. Named All-SEC First Team her senior year, she was just the fourth Bulldog to earn the honor. In her final season she was also named SEC Co-Scholar Athlete of the Year and was MSU's nominee for the H. Boyd McWhorter Postgraduate Scholarship. The mechanical engineering graduate was named to the SEC's Academic Honor Roll all four years and was named to the United Soccer Coaches' Scholar All-South Region Second Team in 2019. Along with her academic honor, she was named to the United Soccer Coaches' All-Southeast Region Second Team for 2019 as well as the SEC Community Service Team for her volunteerism in and around Starkville.

Conference offices will select up to two nominees each from their pool of member school nominees. All nominees who compete in a sport not sponsored by their school's primary conference, as well as associate conference nominees and independent nominees, will be considered by a selection committee. Then, the Woman of the Year selection committee,

made up of representatives from the NCAA membership, will choose the Top 30 honorees — 10 from each division.

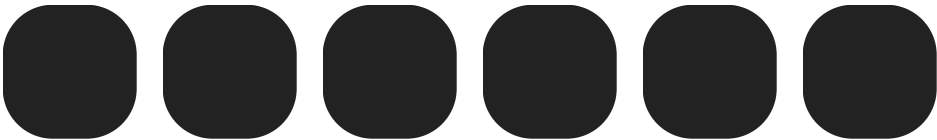
From the Top 30, the Woman of the Year selection committee will determine the top three honorees in each division and announce nine finalists. The NCAA Committee on Women's Athletics then will choose the 2020 NCAA Woman of the Year, who will be named this fall.

Preposted from Mississippi State University.

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Garrison Transfers to Eckerd College in Florida

JULY 15TH 2020 BY DEE LOFLIN

Garrison Transfers to Eckerd College in Florida

Former Dexter Lady Cats Volleyball player, Krysten Garrison, announced on Thursday, July 2nd she will be transferring from New Mexico State University to Eckerd College in St. Petersburg, Florida, where she will continue to play volleyball.

She will be transferring from a NCAA Division 1 university to the D-II College.

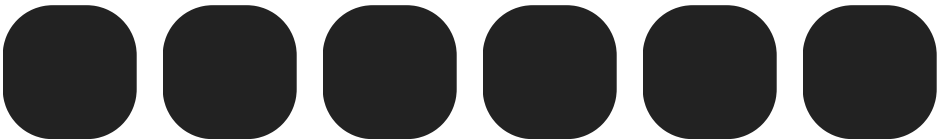
Eckerd College competes in the Sunshine State Conference and is one of the toughest in the nation.

Garrison led Dexter to four straight SCAA Championships, three District Championships and a sectional title in 2016 before graduating in 2018.

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