Sports

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2022 DHS Senior Sports Night Featuring Damon Helton

MAY 09TH 2022 BY DEE LOFLIN

2022 DHS Senior Sports Night Featuring Damon Helton

Dexter, MO - The Track and Field Team honored their seniors at Charles Bland Stadium at a recent track meet.

Damon Helton is the son of Kristin Zoman.

He has been a member of the football team and field and track team all four years.

His future plans are to attend Iron Eagle Welding Academy.

As a member of the track team, his most memorable moment at DHS was hanging out with the guys the night before the state meet his junior year.

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