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Southeast Hospital Recognized with Prestigious American Heart Association (AHA) Awards

JULY 12TH 2022 BY DEE LOFLIN

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Cape Girardeau, MO - Southeast Hospital has received the American Heart Association's 2022 Get With The Guidelines Heart Failure Gold Plus Quality Achievement Award for its commitment to improving outcomes for patients with heart failure, meaning reduced readmissions and more healthy days at home.

About 6.2 million U.S. adults are living with heart failure, which means that the heart is having a hard time pumping blood and oxygen throughout the body. While there is no cure for heart failure, people can live a quality life by working with their healthcare team to create a plan that may include medication, symptom monitoring and lifestyle changes. Among those lifestyle changes is maintaining a healthy weight. Through the Southeast Foundation Ambassadors' Heart Strong program, heart failure patients who need a scale are provided with one free of charge.

The Get With The Guidelines – Heart Failure quality achievement award is earned by hospitals that demonstrate a commitment to treating patients according to the most current guidelines as outlined by the American Heart Association. Matt Janzow, MD, SoutheastHEALTH Vice President and Chief Medical Officer said, "Patient care is our number one priority. The Gold Plus Quality Achievement Award is another example of the national recognition given to Southeast and its outstanding cardiovascular care team for the exceptional care we provide to our patients. We are fortunate to have an expert team of physicians, nurses and support staff who are highly trained and who welcome opportunities to continually advance care of the hundreds of heart failure patients we treat every year."

Clyde W. Yancy, MD, national chairperson of the American Heart Association Heart Failure systems of care advisory group and chief, division of cardiology at Northwestern University, Feinberg School of Medicine, said hospitals that participate in the Get With The Guidelines quality improvement outcomes "often see better patient outcomes, fewer readmissions to the hospital and lower mortality rates – a win for healthcare systems, families and communities."

Southeast Hospital is also recognized on the American Heart Association's Target: Heart Failure Honor Roll Award. Hospitals on the Honor Roll meet specific criteria that improves medication adherence, provides early follow-up care and coordination and enhances patient education. The goal is to reduce hospital readmissions and improve patients' quality of life while managing this chronic condition.

Southeast Hospital additionally received the American Heart Association's Target: Type 2 Diabetes Honor Roll Award. This initiative helps to ensure patients with Type 2

diabetes, who might be a higher risk for complications, receive the most up-to-date, evidence-based care when hospitalized due to heart disease or stroke.

About SoutheastHEALTH

At SoutheastHEALTH, the region's premier healthcare system in southeast Missouri, our patients receive excellent care of the highest clinical quality, close to home. Within our network are more than 51 care locations in 11 communities, including hospitals, primary and specialty care clinics representing over 30 clinical specialties and extending care for patients in a four-state area. Learn more at SEhealth.org.

LAST UPDATED ON JULY 12TH 2022 BY DEE LOFLIN

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