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## Bernie Athletes Begin Practice August 8th - Sports Physicals Are Required

AUGUST 01ST 2022 BY DEE LOFLIN

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Bernie, MO - Fall sports practices begin August 8, 2022. Coaches will be reaching out to their athletes regarding each team's practice schedule.

Coaches will also be reaching out, to inform, which athletes need a physical.

Reminder, all athletes must have the sports physical form turned in to practice.

Also, all athletes will be required to complete the "annual requirements" form.

BOTH forms must be completed and turned in, before the first day of practice.

Both forms can be accessed using the following directions:

**[www.mshsaa.org](http://www.mshsaa.org)**

click "sports medicine" tab

Under "Mshsaa resources tab" you will find both documents listed as follows:

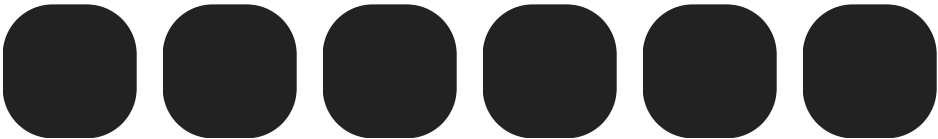
- Current MSHSAA Pre-participation Physical Evaluation Form

- Current MSHSAA Pre-participation Documentation-Annual Requirements

Coaches also have these forms that they can give to athletes.

<https://showmetimes.com/Blogpost/vhja/Bernie-Athletes-Begin-Practice-August-8th--Sports-Physicals-Are-Required>

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